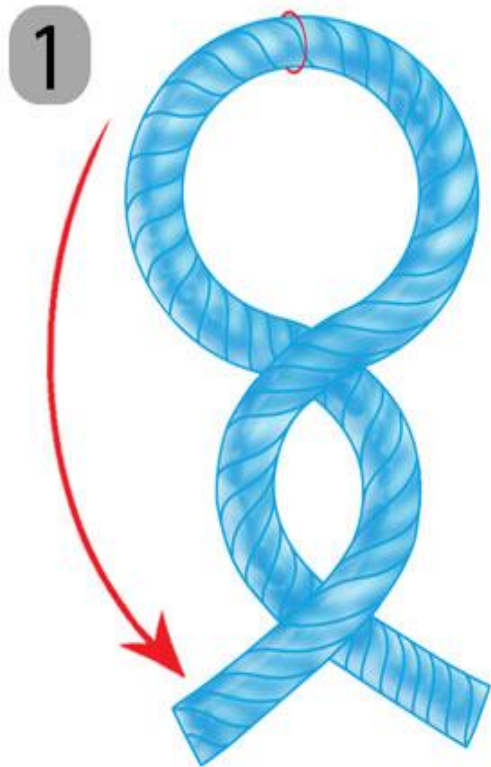
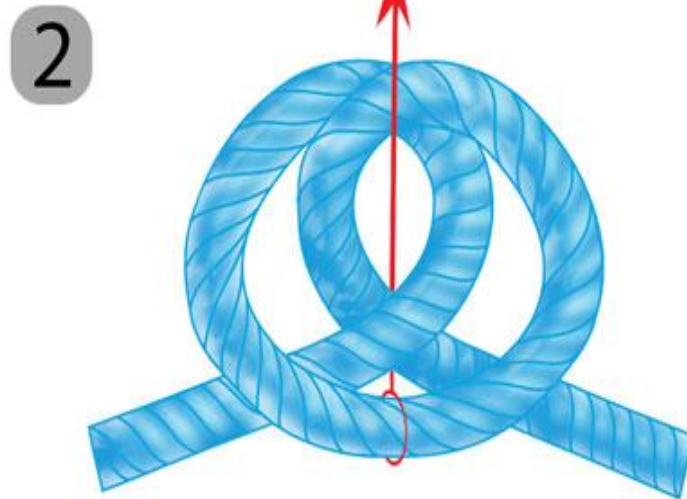


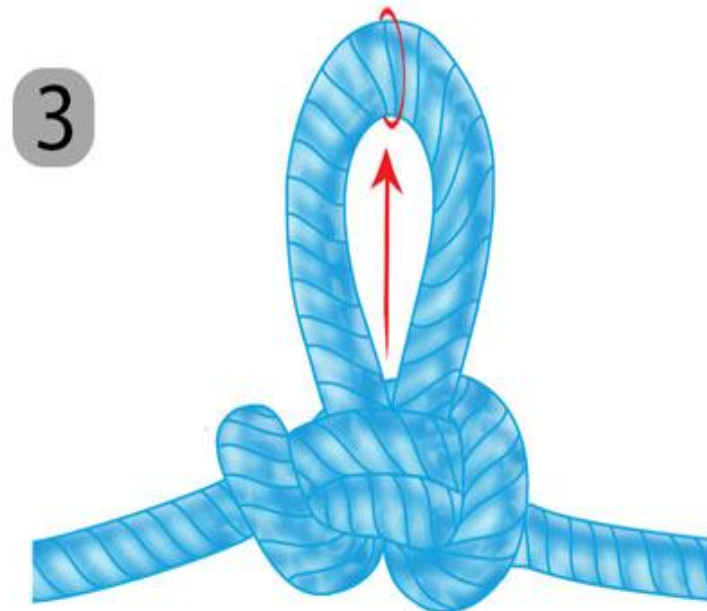
Butterfly Knot



Make a loop like an '8', fold the upper loop down.



Pull it around and pass through the lower loop.



Pull all the way up to tighten the knot.