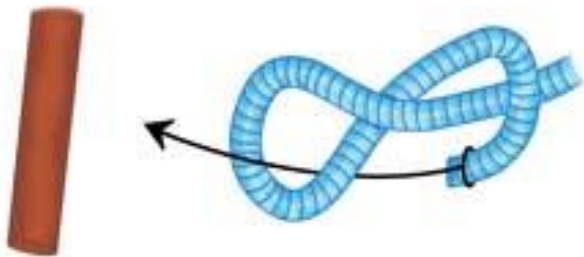


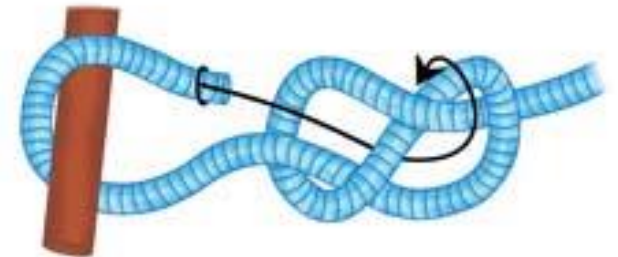
# Figure 8 Follow Through Tying Steps



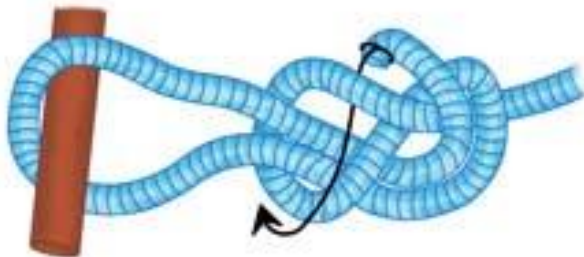
1 Make an "8" with the rope



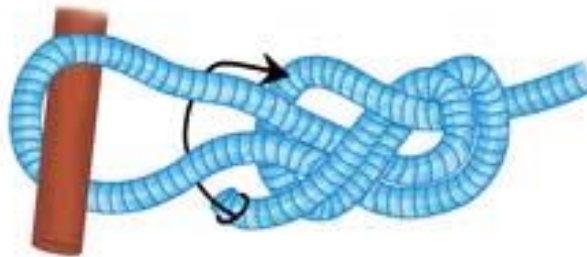
2 Wrap it around the support



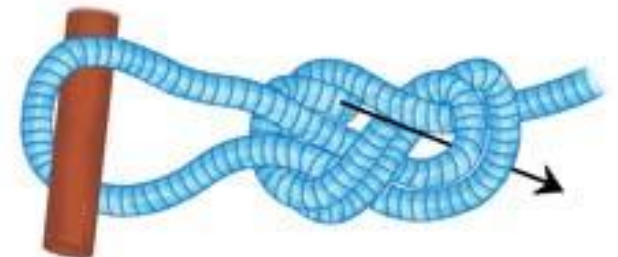
3 Pass it through the loops



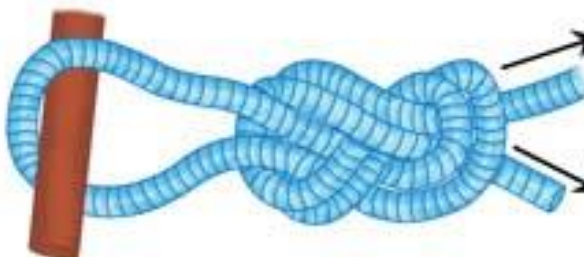
4 Take it behind the big loop



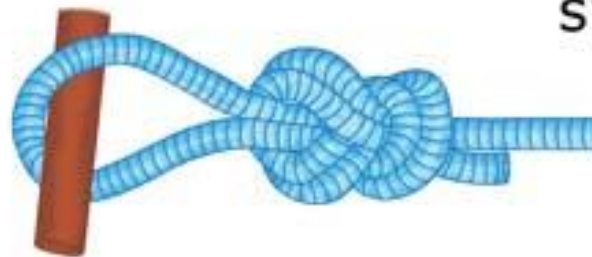
5 Pass it next to the upper line



6 Take it out parallel to the standing part



7 Pull ends to tighten



8 The finished knot forms a loop